



Most of the land in the US is cared for by residents.

Pesticides, Herbicides, & Fertilizers seep into our drinking water when used for lawn and garden maintenance.

Pharmaceuticals seep into our drinking water when disposed of by flushing down the toilet or tossed down the drain.

Small amounts of these chemicals can have a huge negative impact on human health, especially children. These chemicals can:

- Cause cancer by damaging DNA
- Disrupt hormones from acting on cells and cause:
  - Abnormal Brain Development
  - o Diabetes
  - Breast Cancer

Samples taken from streams have resulted in the findings of multiple pesticides in almost every sample. The same was found is about ½ of all wells.

These chemicals are effecting our wildlife as well, such as frogs, birds, and bees.

By taking care of our yards without chemical pesticides and synthetic fertilizers, we are protecting our water quality and the health of our families.

The human body is over 60% water. By keeping our water clean, we are keeping our bodies clean!

## TAKE THE PLEDGE, MAKE A DIFFERENCE!

THE PLEDGE	
I,, pledge to take care of my yard without synthetic pesticides, weedkillers and fertilizers except on rare occasions to resolve an infestation or to improve habitat for native plants and wildlife. I also pledge not to throw pharmaceuticals or chemicals down my drains or toilets.	
Address	
Email Address	Town
I Include my name on your pledge list.	Or take the Pledge online at www.tghyp.com

If not taking online, send this pledge to: <a href="mailto:putcoleg@putnamcountyny.gov">putcoleg@putnamcountyny.gov</a> or mail to 40 Gleneida Ave. Carmel, NY 10512

Information included on this flyer is from <a href="www.tghyp.com">www.tghyp.com</a>. Visit this website to learn more about The Great Healthy Yard Project.